

Maclay. Thus the first fruits of the alliance of their joint honorary treasurers had ripened with tropical rapidity. No wide special appeal had been made; the sum already secured had been obtained solely by personal effort and goodwill. But though the purchase money of the property was in hand, more was needed in order to provide a house for the nursing profession adequate to the service they render to the community. They desired to avoid making any public appeal, but to keep themselves open to the tide of private sympathy and kindness flowing in so warmly upon them.

Lady Ailsa said further that the Trustees regarded themselves not only as trustees of the Club, but also as responsible to those who had so generously subscribed and entrusted them with their money, to use it in the most economical and efficient way possible.

Much gratification was expressed at the statement, and at the conclusion of the meeting of the trustees Lady Ailsa and Sir Thomas Dunlop, at their request, attended a meeting of the Committee of Management and informed it of their proposal as to the extension of the Club.

HOW TO BE FAIR TO YOUR FEET.

These are some of the most important shoe sins:—(1) Arches, (2) curving inner edges, (3) pointed toes, (4) high heels, (5) tight fitting, (6) poor fitting.

And these are a few of the impairments they produce:—(1) Bad posture, (2) weak abdominal muscles resulting from bad posture, (3) fatigue, (4) nervousness, (5) deformation of the foot, (6) impaired circulation.

The day will come when the narrow, high-heeled shoe will be unanimously derided and will look as out of place as would a crinoline and hooped skirt in the subway. The untrammelled toes of the baby and primitive man are the perfect models. If the modern shoe was even beautiful since it cannot be comfortable, our suffering might not seem so absurd. But just watch people crossing a street, and mentally compare their staccato hops and affected jerks with the rhythmic swing of the savage. Grace is his because he has flexible, broad, and strong support for his weight. As you ride down town in the car, take a shoe census, and see how many well-shaped feet you see and how many well-fitting shoes.—*From the Health Letter of the Life Extension Institute, New York City.*

PROFICIENCY IN HYPODERMIC INJECTION.

Mr. Ernest William Proby Conant, of Lyndon Hall, Rutland, Lord of the Manor of Lyndon, Rutland, and Aslackby, Lincoln, has bequeathed £150 to the Stamford, Rutland, and General Infirmary, for the endowment of an annual examination, with prizes for proficiency in the science and practice of hypodermic injection, to be open to all nurses regularly employed there.

APPOINTMENTS.

MATRON.

Normanhurst Hospital, West Hartlepool.—Miss M. M. Steward has been appointed Matron. She was trained at the Chelmsford Hospital, and has been Charge Nurse at the Cameron Hospital, West Hartlepool; and has done war work in Malta and Norwich.

General Hospital, Willesden.—Miss Emily Brooker has been appointed Matron. She was trained at the Norfolk and Norwich Hospital; and has been Assistant Matron at the West London Hospital, Hammersmith.

Ayrshire Sanatorium, New Cumnock.—Miss E. H. Gordon has been appointed Matron. She was trained at the Royal Infirmary, Newcastle-on-Tyne, and has been Sister at the Park Hospital, Lewisham, and Matron of the Moreton Paddox Military Hospital, Matron of the Cornelia Hospital, Roehampton, and Matron of the Craiglea Hospital for Officers, Troon, Ayrshire, which position she at present holds. She has also had experience of private nursing.

ASSISTANT MATRON.

Royal Albert Edward Infirmary, Wigan.—Miss S. Lunn has been appointed Assistant Matron. She was trained at the General Hospital, Nottingham, where she subsequently held the positions of Sister and Night Superintendent.

THEATRE SISTER.

Seamen's Hospital, Greenwich.—Miss Elizabeth Dunn has been appointed Theatre Sister. She was trained at the Royal Infirmary, Manchester, where she subsequently held the position of Theatre Sister and Out-patient Sister. She has also done War Service.

Miss E. Williams has been appointed Theatre Sister. She was trained at the General Infirmary, Wrexham, and has been Sister at the Bedford County Hospital, King Edward VII's Hospital, and the General Hospital, Darlington.

QUEEN ALEXANDRA'S MILITARY NURSING SERVICE FOR INDIA.

STAFF NURSE (TEMPORARY).

The following ladies have been appointed Staff Nurses (temporary): Miss C. L. Barker, Miss M. Hillman, Miss R. Lucas, Miss R. Spry, and Miss H. E. Whitman.

THE PASSING BELL.

We greatly regret to record the death in a nursing home in London, of Miss Charlotte Keene, for seventeen years a member of the staff of the Registered Nurses' Society, 431, Oxford Street, London, W., in which connection she did excellent work, and her services were much appreciated by the patients she nursed. She resigned her position on the R.N.S. in 1915, after which she did war nursing. She had been in ill health for some time, and passed away on Sunday morning last. She had had a long and varied nursing career, and colleagues both in England and Scotland will hear with sorrow of her death.

Much sympathy will be felt with the relatives of the late Miss Margaret Gething, a probationer at the London Temperance Hospital, who was killed in the Cambrian Railway accident at Abermule, on January 20th. Miss Gething was returning to London after a holiday spent at her home at Llandinam, Montgomeryshire, to take up work again.

[previous page](#)

[next page](#)